Human Beings, indeed all sentient beings, have the right to pursue happiness and live in peace and freedom.

-- 14th Dalia Lama

Greetings & Good-byes

It’s been my pleasure to create and distribute these newsletter musings and missives for the last two years. Since then, readership and awareness of TheHarmonyProject.org has grown and spans the globe with readers joining us in Curaco, Poland, Pakistan, Sweden—as we connected with peace initiatives that focused on “what joins us is greater than what separates us.”

This will be my last issue as editor of the newsletter, as I take time to pursue my other writing and freelance editing projects. I believe that “books are Weapons of Mass Instruction” and will be happy to assist anyone writing something that brings light to the planet.

I will still be involved in supporting Ann Emerson and TheHarmonyProject’s endeavors, and hope you will stay on the mailing list for updates from the Harmony Project and Ann’s activities at The Sanctuary of Sophia; if not, just click “Unsubscribe” above.

Please scroll down for an exciting update about an item featured in the August Peace Muse News.

Peace,
Nancy

♥
♥
♥
**Accolades for An Inquiry Into Freedom**

An exciting honor is being given to Norwegian photographer Tom Hatlestad for his photo-documentary exhibition, “Tracing Freedom,” (featured in the August Peace Muse). Hatlestad has been awarded the “2010 Blanche Major’s Reconciliation Award,” which is bestowed to outstanding individuals involved in reconciliation and reconciliation processes. Hatlestad will receive a prize of 30,000 NOK, a diploma and medal for his “…sustained and impressive work within the field” in a November 22 ceremony in Oslo.

By presenting "freedom" as an universal common Tom Hatlestad encourages understanding between people with different backgrounds. "Our lack of freedom is often rooted in prejudice and wrong perceptions of others," said Hatlestad.

A $100,000 (US) fundraising and organizational campaign to bring Hatlestad and his exhibit to the United States is being implemented. If you’d like to contribute (networking, money, gallery space, PR, etc...) it will become a reality—and will enlarge the “Freedom Track” around the globe. Email tomhat@online.no or visit www.tomhatlestad.com

**A Breath of Peace**

When your day becomes hectic, remember to take a deep breath and relax, then focus on your blessings. Exhale a sense of gratitude.

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This only takes a minute, but has long-lasting benefits. Perhaps even global ones. Together we can shift and elevate consciousness ~ and create peace. Imagine Peace Now.

For more one-minute exercises for creating inner peace and balance visit www.MeditationExpress.com.
Nancy Butler-Ross is a freelance editor, published author (*Meditation Express, Stress Relief in 60 Seconds Flat*, McGraw-Hill/Contemporary, 2001), the associate editor of *Velocity* magazine, and a former *Miami Herald* columnist. She is currently accepting fiction and nonfiction editing projects that enlighten, enliven and entertain. Please visit www.TheBookMuse.com or contact her at TheBookMuse@aol.com.

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*May Peace Prevail on Earth*