

The Peace Muse Newsletter
What joins us is greater than what separates us

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Edited by Nancy Butler-Ross

When the power of love overcomes the love of power the world will know peace.

~ Jimi Hendrix

Greetings of the season for remembering the potential of peace within each of us, and for planting seeds for the return of the sun!

Wishing you Light, Love and Peace in your heart.

Please scroll down to read more about:

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The Generosity Game

While you may be struggling to enjoy the feeling of being generous (in an “economic downturn”) here’s a reminder of how to be part of a wave that’s spreading good deeds and kindness around the world. Here’s how it works: you do a simple anonymous good deed for a stranger (pay the toll for the car behind you, buy a coffee for someone who enters the coffeeshop after you leave) and you leave a little card behind that says: **“It’s Your Turn! This is for you! Now it’s your turn: go do something good for someone else. Do it anonymously. Pass on this card. www.generosity.org”** You can download the cards (in 8 languages) –they’re free-- and smile as you feed the chain of generous acts circling the globe at www.generosity.org.

A Civil Rights Movement for the Soul

From its inception in 2003 Neal Donald Walsch's, "Humanity's Team" was organized as a global grassroots spiritual movement. Believing that "We Are All One," prompted their efforts is to collect 50,000 signatures to persuade the United Nations to declare a **Oneness Day**, a day set aside each year for individuals, communities and nations to celebrate, discuss and experience our commonality, while still acknowledging and respecting our beautiful cultural diversities. To read the text of the petition and join others who are signing it, visit [<http://www.humanitysteam.org/sai/oneness-petition/document>]

"For the Next 7 Generations" is an inspiring and ground-breaking film about The International Council of 13 Indigenous Grandmothers. The group, comprised of wise women elders, shamans and medicine women from the four corners of the world who represent "a global alliance of prayer, education and healing for Mother Earth, all her inhabitants, all the children, and for the next seven generations to come." Shot on location in the Amazon rainforest, the mountains of Mexico, North America, and at a private meeting with the Dalai Lama in India, the film documents the Grandmothers as they travel around the globe to promote world peace and share their indigenous ways of healing, their visions of healing and a call for change. The film is directed and produced by Emmy and Peabody Award winning filmmaker, Carole Hart, narrated by Ashley Judd, and includes a musical score by Emmy Award-winning composer Peter Buffett. To find a screening or buy a DVD visit [<http://www.forthenext7generations.com/home.php>]

Tea Time for Your Spirit

Frazzled by holiday hubub? Take a break that will revive your spirit, enhance your immune system and give yourself a few moments of calming inspiration with a delicious, warm cup of Yogi™ tea. Brought to America by the teachings of Yogi Bhanan in 1969,

the holistic premise of Ayurveda and healthy living are the inspiration behind Yogi blends. The teas enhance the health of mind, body and spirit, while enlivening your senses with delightful flavors. Every tea bag carries a “*Yogi Inspiration—life’s simple truths, created to awaken a sense of goodness within you.*” To view a library of “Yogi Inspirations” and see more of their tea (and cereal) offerings visit www.YogiTea.com

The Harmony Project.org

The Harmony Project’s exploration of the world’s 14 Sacred Paths highlights how “What joins us is greater than what separates us.” To explore the beauty of joining together in peace please visit www.TheHarmonyProject.org.

A Note from Nancy

I send you blessings of peace in your heart, and offer this simple gift: Allow the word “peace” to permeate your consciousness—for a minute, an hour, a day...whenever possible. Enjoy the results!

Please click “Subscribe” at the top of this newsletter, and also forward it to all of your friends.

Nancy

