

## What Joins Us is Greater Than What Separates Us

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Edited by Nancy Butler-Ross

*If you think you're too small to have an impact, try going to bed with a mosquito in the room.*

- Anita Koddick.

### Summer Greetings!

Thank you for taking time out of your (hopefully) hazy, lazy summer days to join us in recognizing and celebrating the many global efforts to create peace.

We've added a new regular feature, *Inspirations & Motivations*, to link with audio archives of talks by some exciting global thinkers who are leading us as we all shift into higher consciousness.

In addition to the global offerings below, [www.TheHarmonyProject.org](http://www.TheHarmonyProject.org) has launched its online Video Interviews featuring individuals who are making peace a reality in their communities.

We'd like to hear from you! If you have any suggestions or would like us to add a feature or interesting peace project, please email Ann Emerson, founder of The Harmony Project, at [TheHarmonyProject@gmail.com](mailto:TheHarmonyProject@gmail.com).

Best,  
Nancy





## Tracing Freedom

The Nobel Peace Center in Oslo, Norway is hosting an extraordinary outdoor exhibit, *Tracing Freedom*, by photographer Tom Hatlestad, who spent four months driving between Norway and Bangladesh photographing people and asking them to define freedom. Approximately 150 people from more than 30 countries and all walks of life and social standings have participated in the project. They include a world renowned violin maker, a Nobel Peace prize laureate, authors, illiterates, musicians and activists. The exhibit runs through August 28; if you can't get to Oslo, but would like to see some of the photos and follow this project visit <http://tomhatlestad.com/tracing-freedom>.



## World Peace Through Technology

The World Peace Through Technology Organization has some interesting ways to inspire world peace through the benevolent uses of technology – open source software, bicycle-powered events, peace games and exercises, and media networking – which enhance the evolution of community development between global citizens and foster an environment of peace. They host an annual How Weird Street Faire in San Francisco to celebrate peace, and their website is an ongoing experiment in creating and inspiring peace, including [peacetour.org](http://peacetour.org) and links to many other peace-related global organizations. Visit <http://peacetour.org/about-wptto>.





### The United Nations International Year of Youth

The UN General Assembly proclaimed the Year of Youth, beginning August 12, in recognition of the need for dialogue between youth and other generations as well as among youth in different parts of the world. This is the time for young people to make their voices heard! [There's also time to launch your own project for the International Day of Peace on September 21]. For ideas and connections visit <http://social.un.org/youthyear>.



### Inspirations & Motivations

Integral Enlightenment offers a free series of audio archives of the teleseminar “Awakening the Impulse to Evolve – the Birth of Evolutionary Spirituality.” Speakers include evolutionary theorist John Stewart, Barbara Marx Hubbard, philosopher Ken Wilber, Jean Houston and others. In their introduction to the series, Integral Enlightenment Founder Craig Hamilton and *EnlightenNext* Editor Carter Phipps give a philosophical and historical overview of the emerging spiritual path and worldview known as Evolutionary Spirituality. Visit [www.evolutionaryspirituality.com/audios](http://www.evolutionaryspirituality.com/audios).



### The Peace Minute

You can create a Peace Zone (similar to a demilitarized zone) in your busy life: **STOP** several

times throughout your day to take a deep breath, inhaling a sense of calm and allowing your body to relax. Exhale any tension or conflict. *It only takes a minute, but has long-lasting benefits.* Perhaps even global ones. For more one-minute exercises for finding a peaceful balance visit [www.MeditationExpress.com](http://www.MeditationExpress.com).

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In order for this newsletter to reach millions of readers (who will then *declare peace*) we need YOU to send it on! Be BOLD--send it to your friends, co-workers, family -- and ask them to subscribe (it's easy to unsubscribe, and we never share your email address). Together we can shift and elevate consciousness ~ and create peace. Imagine Peace Now.



#### About ~ Contact Us

Nancy Butler-Ross is a freelance editor, published author (*Meditation Express*, *Stress Relief in 60 Seconds Flat*, McGraw-Hill/Contemporary, 2001), the associate editor of *Velocity* magazine, and a former *Miami Herald* columnist. She is currently accepting fiction and nonfiction editing projects that enlighten, enliven and entertain. Please visit [www.TheBookMuse.com](http://www.TheBookMuse.com) or contact her at [TheBookMuse@aol.com](mailto:TheBookMuse@aol.com).



*May Peace Prevail on Earth*